



Triple P - Positive Parenting Program®

A **FREE** program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
 - children’s behaviour – the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



Program details:

Place: _____

Date/s: _____

Time: _____ Cost: **FREE**

How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on **1300 749 869**.

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